

Personal Details

Title: Mrs
Name: Sylvie Hampton
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Professional / Specialist and Academic Details

1990 RGN, Eastbourne School of Nursing.
1994 DpSN Nursing Studies, University of Brighton
1996 BSc (Hons) Nursing Studies, University of Brighton
2002 MA Nursing Studies, University of Brighton.
1991 ENB 998 Teaching & Assessing, Eastbourne Hospitals NHS Trust.
1999 ENB 19 Leg ulcer course, Eastbourne Hospitals NHS Trust.

Awards

Dr Emslie Prize for Compassionate Nursing 1990
British Journal Award in Wound Care 2005
Wounds UK Highly Commended award 2005
Wounds UK Highly Commended award 2006

Career History

1999 – present Managing Director of TVCS and Tissue Viability Consultant
1995 – 1999 Research and Tissue Viability Nurse, Eastbourne Hospitals NHS Trust.
1993 - 1995 Sister Grade F, Medical Elderly Ward, Eastbourne Hospitals NHS Trust.
1990 - 1993 Staff Nurse Grade E, Medical Ward, Eastbourne Hospitals NHS Trust.
1990 - 1990 Staff Nurse Grade D, Gynaecology, Eastbourne Hospitals NHS Trust.

Relevant Training Programmes

Invited lecturer for:

University of Portsmouth

University of Brighton

University of Hertfordshire

Cape Canaveral Hospital. Florida. USA

Tissue Viability Study Day, Lewisham Hospital

Tissue Viability Study Day, Ipswich

Regular speaker for the Tissue Viability Society

Tissue Viability Study Day, Beneden Hospital

Tissue Viability Course, Chichester NHS Trust

Tissue Viability Course, Brighton

Speaker for the Tissue Viability Society annual conferences

Expert Witness Case Work Overview

- View bodies suspected of dying from pressure ulcer complications for the Eastbourne and Hastings and Brighton Coroners.
- 2 cases undertaken for the Nursing and Midwifery Council
- 12 cases for solicitors acting on litigation
- 2 cases for the Crown Prosecution Service
- 1 case for the Manchester Police of a suspicious wounding
- 1 case for a nurse wrongly accused of malpractice
- 1 case for a Primary Care Trust, investigating the cause of pressure ulcer in an elderly patient

Producer of National Conferences:

1997 Tissue Viability Conference, Herstmonceux Castle.

1998 Tissue Viability Conference, South of England Show Ground.

1999 Tissue Viability Conference, South of England Show Ground.

1999 Organised the 1st Bulgarian Wound Management Conference in Sofia, Bulgaria

Organiser of 18 tissue viability study days at Eastbourne NHS Trust from 1995 to 1999

Presenter at:

- 1995 Harrogate European Wound Management Conference.
 - 1996 Harrogate European Wound Management Conference.
 - 1996 Poster Presentation, European Wound Management Conference, Amsterdam.
 - 1996 Harrogate European Wound Management Conference.
 - 1997 Copenhagen European Tissue Repair Society Conference.
 - 1997 Poster Presentation, European Wound Management Conference, Milan.
 - 1997 Harrogate European Wound Management Conference.
 - 1998 Madrid European Wound Management Conference, workshop.
 - 1999 Poster Presentation, European Wound Management Conference, Cardiff.
 - 2000 Poster presentation European Wound Management Conference Cardiff
 - 2001 Wound care conference, Durban. South Africa
 - 2003 Poster presentation European Wound Management Conference Finland
 - 2003 Irish Wound Management Association Conference. Cork. Ireland.
 - 2004 Poster presentation. TVS Conference. Toquay.
 - 2004 Poster presentation. July. Paris Conference.
 - 2004 Irish Wound Management Association evening lecture. Dublin. Ireland.
 - 2004 Poster presentation TVS Conference. Torquay
 - 2004 Poster presentation Paris
 - 2005 Poster presentations x 3 and 2 lectures at EPUAP conference. Aberdeen
 - 2006 Poster presentations x 5 Stuttgart 2005
 - 2007 4 posters at EWMA conference Glasgow
 - 2008 5 posters at Wounds UK Conference in Harrogate
 - 2009 3 Posters at EWMA (Lisbon)
 - 2009 2 posters at Ewma (Helsinki)
 - 2009 Poster at Harrogate Conference Wounds UK
- Co-organiser of 20 study days in tissue viability with Tissue viability Consultancy Services

Member of Professional Associations

Secretary to the Wound Care Society for 4 years

Treasurer to the Wound Care Society for 3 years

Member of Tissue Viability Society

Member of Leg Ulcer Resource Group

Member of Tissue Viability Nurses Association

Member of the Expert Witness Society

Publications (see also appendices)

- Author of over 300 articles for professional journals (list in appendices)
- Author of one chapter in two books on tissue viability.
- Author of three booklets on tissue viability.
- Co-author of a 300,000-word book Tissue Viability. (2003) Whurr Publications. London.
- Co-author of A-Z dictionary of wound care. Quay Books. Mark Allen. Dinton.
- Author of a book chapter on 'Skin maceration'

Research

As part of the role as tissue Viability Consultant I undertake clinical evaluations, randomized controlled trials and case studies. This increases personal knowledge and disseminates outcomes to peers.

Publications

- Hampton, S. (1993). Should euthanasia be legalized? *British Journal of Nursing*. **2**:(8). 29-431.
- Hampton, S. (1996). *Increased Healing Time in pressure Sores nursed on an Airwave Mattress*. Poster presentation. Harrogate Conference.
- Hampton, S. (1997). Preventable Pressure Sores. *Care of the Critically Ill*. **13**:(5). 193-197.
- Hampton, S. (1997). Germ Warfare. *Nursing Times*. **93**:(40). 74-79.
- Hampton, S. (1997). Wound Assessment. *Professional Nurse*. (supp) **12**:(12). S5-7.
- Hampton, S. (1997). Venous Ulcers: Short Stretch Compression Therapy. *British Journal of Nursing*. **6**:(17). 990-998.
- Hampton, S. (1997). Reliability in Reporting Pressure Sores. *Professional Nurse*. **12**:(9). 626-630.
- Hampton, S. (1997). Wound Debridement. *Professional Nurse*. **13**:(4). 231-236.
- Hampton, S. (1997). Sharp Debridement. *Journal of Wound Care*. **6**:(3). 151.
- Hampton, S. (1997). *Treatment of macerated and excoriated peri-wound area with no-Sting Barrier Film*. Presented in poster form at European Wound Management Conference Harrogate.
- Hampton, S. (1997). Evaluation of the New Cairwave Therapy System in one Hospital Trust. *British Journal of Nursing*. **6**:(3). 167-170.
- Hampton, S. (1997). Best dressed wounds. *Practice Nurse*. 7th February. 81-86.
- Hampton, S. (1998). Film Subjects Win the Day. *Nursing Times*. **94**:(24). 80-82.
- Hampton, S. (1998). How to Clean a Wound & Care For the Surrounding Skin. *Nursing Scotland*. 13-17 April 1998.
- Hampton, S. (1998). Cleansing Wounds: Case studies. *Nursing Scotland*. 13-16 May 1998.
- Hampton, S. (1998). Use of Dressings to Promote Healing in Non-Healing Wounds. Section 1. 26-28 *Nursing Scotland*. June 1998.
- Hampton, S. (1998). Use of Dressings to Promote Healing in Non-Healing Wounds. Section 2. 11-13 *Nursing Scotland*. July 1998.
- Hampton, S. (1998). Use of Dressing to Promote healing in Non-Healing Wounds. Section 3. *Nursing Scotland*. 27-29 September 1998.
- Hampton, S. (1998). Use of Dressing to Promote healing in Non-Healing Wounds. Section 4. *Nursing Scotland*. 28-31 October 1998.
- Hampton, S. (1998). The Art of Compression Bandaging. *Journal of Wound Care* (Supp) November 1998 5-8.
- Hampton, S. (1998). Can Electric Beds aid Pressure Sore Prevention. *British Journal of Nursing*. **7**:(17). 1010-1017.
- Hampton, S. (1998). Can electric beds aid pressure sore prevention in hospitals? *British Journal of Nursing*. **7**:(17). 1010-1017.
- Hampton, S. (1998). Bandage Application. *Journal of Wound Care*. **7**:(9 Supp) 5-8.
- Hampton, S (1999). Dressing for the occasion. *Nursing Times* 1: **95**:(47) 58-60.

- Hampton, S. (1999). Vacuum wrapped. *Nursing Times*. **95**:(3). 77-78.
- Hampton, S. (1999). Efficacy and cost-effectiveness of the Thermo-contour mattress. *British Journal of Nursing* **8**:(15) 990-996.
- Collins, F., Hampton, S. (2000). Use of Pressurease and Airform mattresses in pressure ulcer care. *British Journal of Nursing* **9**: (19). 2104-2108.
- Hampton, S. (2000). Repose: the cost-effective solution for prompt discharge of patients. *British Journal of Nursing* **9**: (21). 2249-2253.
- Hampton, S. (2000). Choosing the right dressings for managing arterial ulcers. *Nurse Prescriber/Community Nurse*. September. 51-54.
- Hampton, S. (2000). Identifying and managing arterial ulceration. *Nurse Prescriber/Community Nurse*. August. 49-52.
- Hampton, S. (2000). Case study: The treatment or palliative care of pressure ulcers. *British Journal of Nursing (supplement)* **9**:(6). S32-S34.
- Hampton, S. (2000). Use of iodine in a dehisced thoracotomy wound. *Journal of Wound Care*. Nov;**9**(10):473.
- Collins, F., Hampton, S. (2000). Use of Pressurease and Airform mattresses in pressure ulcer care. *British Journal of Nursing*. Oct 26-Nov 8. **9**(19):2104-8.
- Hampton, S. (2000). Choosing the right dressings for managing arterial ulcers. *Community Nurse* Sep;**6**(8):51-54.
- Hampton, S. (2000). Identifying and managing arterial ulceration. *Community Nurse* Aug;**6**(7):49-52.
- Hampton, S. (2000). Wound care: prevention is better than cure. *Nursing and Residential Care*. **2**:(8). 378-380.
- Hampton, S. (2001). Short-stretch bandages. *Infection UK*. **1**:(2). 16-18.
- Hampton, S. (2001). Trufoam: a new hydrophilic foam dressing. *Practice Nursing*. **12**:(7). 292-294.
- Hampton, S. (2001) Actisorb Silver 220: a unique antibacterial dressing. *British Journal of Nursing* (Johnson & Johnson supplement).
- Hampton, S. (2001). The Profore multilayer compression bandaging system. *British Journal of Nursing*. (Profore Supplement).
- Collins, F., Hampton, S. (2001). Pressure ulcer prevention and wound management in Bulgaria. *British Journal of Nursing*. **10**:(15). S52-S54.
- Hampton, S., Collins, F. (2001). SuperSkin: the management of skin susceptible to breakdown. *British Journal of Nursing*. **10**:(11). 742-746.
- Hampton, S., (2001). Choosing the right wound dressing for optimal healing. *Nursing in Practice*. **1**: 14-17.
- Hampton, S., (2001). Appropriate use of the 30-degree tilt. (letter) *British Journal of Nursing*. **10**:(11). S8.
- Hampton, S., Collins, F. (2001). Choosing the right equipment for resident's rooms. *Nursing and Residential Care*. **3**:(4) 158-161.
- Hampton, S. (2001). How to dress awkward places. *Community Nurse*. May. 27-28.

- Hampton, S. (2001). Equipment to prevent pressure ulcers in low-risk residents. *Nursing and Residential Care*. **3**:(2). 72-75.
- Hampton, S. (2001). Should we use the 30-degree tilt? *Journal of Wound Care*. **10**:(8). 344.
- Hampton, S. (2001). A difficult wound to treat? *Journal of Wound Care*. **10**:(3). 70.
- Hampton, S. (2001). Latex allergy. *Journal of Wound Care*. **10**:(6). 222.
- Hampton, S. (2001). Keeping skin healthy: problems and solutions. *Nursing and Residential Care*.
- Hampton, S. (2001). Pressure ulcer care: can we learn from poorer countries? *British Journal of Nursing*. Mar;**10**(6 Supp):S4.
- Hampton, S., Collins, F. (2001). SuperSkin: the management of skin susceptible to breakdown. *British Journal of Nursing*. Jun 14-27;**10**(11):742-6.
- Hampton, S., Collins, F. (2001). Choosing the right equipment for resident's rooms. *Nursing and Residential Care*. **3**:(4) 158-161.
- Hampton, S. (2001). A difficult wound to treat? *Journal of Wound Care*. Mar;**10**:(3):70.
- Collins, F., Hampton, S. (2001). Pressure ulcer prevention and wound management in Bulgaria. *British Journal of Nursing*. Aug;**10**:(15 Suppl):S52-4.
- Hampton, S. (2002). Can wounds be left uncovered 48 hours after surgery? *Journal of Wound Care*. **11**:(7) 262.
- Hampton, S. (2002). Oasis a dressing for the future. *Nurse2Nurse*. **2**:(7) 40-41.
- Hampton, S. (2002). Introducing the Reflexion pressure-redistributing cushion. *British Journal of Nursing* Apr 24;**11**:(7):509-13.
- Hampton, S. (2002). The purpose and function of compression hosiery. *Nursing and Residential Care*. **4**:(7) 318-323.
- Hampton, S. (2002). Skin sensitivities/allergies associated with venous leg ulcers. *Nurse2Nurse*. **2**: (9) 56-57.
- Hampton, S. (2002). Selecting and fitting Activa compression hosiery. *Nursing and Residential Care*. **4**:(8) 386-398.
- Hampton, S. (2002). The appropriate use of gloves to reduce allergies and infection. *British Journal of Nursing*. Sep 26-Oct 9;**11**:(17): 1120-4
- Hampton, S. (2002). Debate over Intrasite Gel continues. *British Journal of Nursing*. Sep 26-Oct 9 **11**: (17):1118
- Hampton, S. (2002) Use of equipment and 30-degree tilt repositioning in prevention of pressure ulcers. *Nurse 2 Nurse*. **2**:(6) 63-64
- Hampton, S. (2002) Skin health and hygiene. *Nursing and Residential Care*. **4**:(12) 577-585
- Hampton, S., Khan, T. (2002) The adaptability of chiropody felt and its use in the seamless care of patients. *Journal of Community Nursing*. **16**:(11) 40-44
- Hampton, S. (2003) Cost effectiveness of compression therapy. *NPA Pharmacy Business and Practice - National Pharmaceutical* <http://www.atalink.co.uk/npa/html/p257.htm>
- Hampton, S. (2003) Reducing Malodour in wounds: a dressing evaluation. *Journal of Community Nursing*. **17**:(4) 28-31
- Hampton, S. (2003) The complexities of heel ulcers. *Nursing Standard*. April. **17**:(3) 68-79

- Hampton, S. (2003) Bacteria and wound healing. *Nurse 2 Nurse*. **3**:(1) 2-4
- Hampton, S. (2003) Clinisorb: a clinically effective and cost effective method of controlling wound odour. *Nurse 2 Nurse*. **3**:(2)
- Hampton, S. (2003) Caring for morbidly obese patients. *Nurse 2 Nurse*. **3**: (2)
- Hampton, S. (2003) Venous ulcers: precursor identification, prevention and function of Activa compression hosiery. *Nurse 2 Nurse*. **3**:(4)
- Hampton, S. (2003) The importance of controlling infection in care homes. *Nursing and Residential Care*. **5**:(5)221-225
- Lindsay, E., Muldoon, J., Hampton, S. (2003) Short stretch compression bandages and the foot pump: their relationship to restricted mobility. *Journal of Wound Care*. **12**:(5) 185-188
- Hampton, S. (2003) Jobst UlcerCARE compression hosiery for venous leg ulcers. *British Journal of Community Nursing*. **8**: (6) 279-283
- Hampton, S. (2003) The Quattro Acute mattress and pressure ulcer prevention. *British Journal of Nursing*. **12**: (11) 697-701
- Hampton S. (2003) Is patient choice a real option in today's health service? *British Journal of Nursing*. **12**: (17) 1024-1027
- Collins, F., Hampton S. (2003) BagBath: the value of simplistic care in the community. *British Journal of Nursing*. **12**: (16) 984-990
- Collins, F., Hampton S. (2003) The cost-effective use of BagBath: a new concept in patient hygiene. *British Journal of Community Nursing*. **8**: (10) 470-475
- Hampton, S. (2004) Dressing Selection and associated pain. *Journal of Community Nursing*. **18**: (1) 14-18
- Hampton, S. (2004) *Actico: compression bandaging explained*. Booklet. Activa Healthcare. Burtin-upon-Trent
- Hampton, S. (2004) Use of equipment and 30-degree-tilt repositioning in prevention of pressure ulcers. *Nursing & Care Home Business*. 22-26
- Hampton, S. (2004) How to: Guide. Therapulse automated turning and positioning. *Care of the Critically Ill*. **20**: (1) (supp)
- Hampton S. (2005) SimCair: a simple mattress system to support pressure ulcer prevention. *Br J Nurs*. Apr 14-27;14(7):409-10, 12.
- Hampton S. (2005) A guide to male catheterization and sexuality and quality of life. *Br J Nurs*. Apr 14-27;14(7):376, 378-9.
- Hampton S. (2005) Acti-Glide: a simple method of applying compression hosiery. *Br J Community Nurs*. May;10(5):244-6.
- Hampton S, Lindsay E. (2005) Empowering patients to take control of leg ulcer treatment through individualised management. *J Wound Care*. May;14(5):238-40
- Hampton S. (2005) Importance of the appropriate selection and use of continence pads. *Br J Nurs*. Mar 10-23;14(5):265-6, 268-9.
- Hampton S. (2004) Nursing management of urinary tract infections for catheterized patients. *Br J Nurs*. Nov 11-24;13(20):1180-4.
- Hampton S. (2004) The role of the expert witness. *J Wound Care*. Nov;13(10):435-6.

- Pah-Lavan Z, Hampton S. (2004) JOBST opaque compression hosiery in the management of venous disease. *Br J Nurs*. Sep 23-Oct 13;13(17):1050-4.
- Hampton S. (2004) The nursing care of common raw and bleeding skin conditions. *Br J Nurs*. May 27-Jun 9;13(10):618-20
- Hampton S. (2001) The pressure ulcer benchmark: will it improve patient care? *J Wound Care*. Jun;10(6):210-2.
- Weston C, Hampton S (2003) TheraPulse ATP for preventing and treating pressure ulcers. *Br J Nurs*. Aug;12(15 Suppl):S42-6
- Gledhill L., Hampton S (2004) A simple method of assessing pressure-ulcer risk. *Nursing and Residential Care*. Nov 6(11): 532-535
- Hampton, S. (2004) Managing the symptoms of fungating wounds. *Journal of Community Nursing*. Oct 18: (10) 22-26
- Hampton, S. (2004) The use of tap water for wound cleansing. *Journal of Community Nursing*. Dec 18: (12) 16-20
- Hampton, S. (2004) Holistic wound care. *Journal of Community Nursing*. 18: (8) 12-17
- Hampton, S. (2004) Promoting good hygiene among older residents. *Nursing & Residential Care*. 6: (4) 172-176
- Hampton, S. (2004) Vacuum assisted closure therapy for the diabetic foot. *The Diabetic Foot*. 7: (2) 78- 85
- Hampton, S. (2004) The role of alginate dressings in wound healing. *The Diabetic Foot*. 7: (4) 162-167
- Hampton, S. (2004) Caring for the skin of older residents: a practical guide. *Nursing & Residential Care*. 6: (7) 326-329
- Hampton, S. (2004) A guide to managing the surrounding skin of chronic, exuding wounds. *Professional nurse*. 19: (12) 30-32
- Hampton, S. (2004) A small study in healing rates and symptom control using a new sheet hydrogel dressing. *Journal of Wound Care*. 13: (7) 297-300
- Hampton, S. (2004) Selecting foam mattresses in pressure ulcer prevention. *Nurse2Nurse*. 4: (7) 34-36
- Hampton, S. (2004) Wound colonization explained. *Nurse2Nurse*. 4: (4) 34-36
- Hampton, S. (2004) Understanding wound bed preparation. *Nurse2Nurse*. 4: (5) 40-45
- Hampton, S. (2004) Pressure ulcer prevention for the morbidly obese patient. *Nurse2Nurse*. 4: (6) 20-22
- Gledhill L., Hampton S (2005) The Hampton-Gledhill 2-stage pressure risk-assessment system. *British Journal of Nursing*. Jun 9-23; 14(11): S28-S34
- Hampton, S. (2005) Vacuum therapy and its potential for wound healing in the community setting. *Journal of Community Nursing*. 19: (3) 28-32
- Hampton, S. (2005) Caring for sloughy wounds. *Journal of Community Nursing*. 19: (4) 30-34
- Hampton, S. (2005) Death by pressure ulcer: being held to account when ulcers develop. *Journal of Community Nursing*. July 19: (7) 26-29

- Hampton, S. (2005) Short stretch bandaging and the immobile patient. *Journal of Community Nursing*. June 19: (6) 20-24
- Hampton, S. (2005) Health care assistants: their role in pressure ulcer prevention. *Journal of Community Nursing*. Jan 19: (1) 14-17
- Hampton, S. (2005) Healing an intractable wound using bio-electrical stimulation therapy. *British Journal of Nursing*. August 11; 14(15): S30-S32
- Hampton, S. (2005) What goes around comes around. *Journal of Community Nursing*. 19(10) 28-32
- Hampton S, Collins F. (2005) Reducing pressure ulcer incidence in a long-term setting. *Br J Nurs*. Aug 11;14(15 Suppl):S6-S12.
- Collins F, Hampton S (2005).Hand-washing and methicillin-resistant *Staphylococcus aureus*. *Br J Nurs*. Jul 14-27;14(13):703-7
- Hampton S, Collins F. (2006) Treating a pressure ulcer with bio-electric stimulation therapy. *Br J Nurs*. Mar 23-Apr 12;15(6):S14-8.
- Kerr A, Young S, Hampton S. (2006) Has packing sinus wounds become a ritualistic practice? *Br J Nurs*. Oct 26-Nov 8;15(19):S27-30.
- Hampton S. (2006) Caring for the diabetic patient with a foot ulcer. *Br J Nurs*. Aug 10-Sep 13;15(15):S22-7
- Hampton S. (2006) An introduction to various types of leg ulcers and their Br J Nurs. Jun 8-21;15(11):S9-13.management.
- Newton H., Benbow M., Beldon P., Hampton S., Butcher M., Baxter H. (2006) 'Topical negative pressure therapy in the community; findings of a national survey'. *Wounds UK*, 2; 4: 31-35.
- Hampton S, Collins F. (2006) Treating a pressure ulcer with bio-electric stimulation therapy. *Br J Nurs*. Mar 23-Apr 12;15(6):S14-8
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- Kerr, A., Young, S., Hampton, S. (2006) Has packing sinus wounds become a ritualistic practice? *British Journal of Nursing*, Vol. 15, Iss. 19 Suppl, 26 Oct, pp S27 - S30
- Hampton, S. (2005) A guide to male catheterization and sexuality and quality of life (154kb) *British Journal of Nursing*, Vol. 14, Iss. 7, 14 Apr, pp 376 – 379
- Hampton, S., (2007) Understanding overgranulation in tissue viability practice. *Br J Community Nurs*. Sep ;12 (9):S24-35
- Hampton, S., (2007) A focus on ActiFormCool(R) in the reduction of pain in wounds. *Br J Community Nurs*. Sep ;12 (9):S37-42 18026014
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